

Missy L's Disclaimer Page

We understand your concerns about potential allergens in the foods you eat. Our primary goal is to provide accurate information on the menu.

While we take extreme cautions to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, milk, egg or wheat allergies. However even when it is not required by local regulation, if there is a risk to allergic consumers due to the presence of a major allergen in a product, we will declare its presence on the packaging of that product. The allergens that we will always declare are:

Peanuts Egg Milk Fish Wheat Soybeans Sesame seed

MissyL's may offer products with tree nuts, butter, and eggs. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.”

We will also provide information through the use of a so-called ‘may contain’ statement. The use of this statement is part of a program to manage the presence of allergens across everything we do, from ingredients, manufacturing, to finished products. We do everything we can to eliminate unintentional allergens, and we only use the ‘may contain’ statement when there is a real risk, albeit low, to an allergic consumer.

Both ‘contains’ and ‘may contain’ mean that if you are sensitive to the specific allergen(s), no matter where or how it is listed on the menu, you should avoid the product. MissyL's will make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies. However, there is always a risk of contamination.

MissyL's will not assume any liability for adverse reactions to food consumed, or items one may come in contact with while eating our products.

If you have allergy concerns, it is important to include the information with your email subscription and someone will call to discuss further the ingredients and allergen information associated with the meal and/or soup you wish to order.

In addition to the Soups that are available , MissyL’s provides customized meal prep services for senior citizens.

We accommodate a variety of dietary preferences, including gluten-free, dairy-free, peanut-free, plant-based, low-calorie, and carb-conscious options. For more information call (405)820-0202 and make an appointment for a meal prep consultation.

Note: MissyL’s is not a healthcare provider and we are unable to provide medical advice. We always recommend consulting your physician or nutritionist if you have any specific health concerns.